Cancer Services Directory for Cornwall

Please get in touch:
Judy Clapp Macmillan Primary Care Nurse Facilitator
judith.clapp@nhs.net 07920 806133

Dr Maria Earl Macmillan GP Facilitator maria.earl@nhs.net
Our team

We have recently started in post as the Macmillan Primary Care Team for Cornwall and we are keen to meet you. Maria Earl was Macmillan GP in the Wirral before moving to Saltash Surgery and Judy Clapp is Lead Practice Nurse at Carnon Downs Surgery and we are all here to help you. Funded by Macmillan and managed in partnership with Royal Cornwall Hospital Trust. Funded by Macmillan and managed in partnership with Royal Cornwall Hospital Trust. Our roles are not clinical, but focused on improving pathways, processess and communication, to help you to improve care for your cancer patients throughout this journey.

Our aims

• Support the development of policies and procedures relating to cancer care from early diagnosisis to end of life care
• Improve communication between primary and secondary care
• Promote importance and awareness of earlier stage at diagnosis
• Support and develop education and training for GP's and practice nurses in relation to cancer as a Long Term Condition
Cancer Nurse Specialists

Cancer Nurse Specialists treat and manage the health concerns of patients and work to promote health and wellbeing in the patients they care for.

They practice autonomously and integrate knowledge of cancer and medical treatments into assessment, diagnosis, and treatment of patients' problems and concerns. Many cancer CNSs work as part of a tumour specific team.

The specialist nature of the Cancer Specialist Nurse and their role as a key worker to individual patients means that they can quickly identify emerging issues that might require medical attention, enabling care to be planned and emergency admissions averted. CNSs are often the main point of contact for cancer patients and their families, and work closely with colleagues throughout the patient's cancer journey. As a result, they are well placed to support patients at each stage and to promote integration within care teams.
# CANCER CLINICAL NURSE SPECIALISTS
## ROYAL CORNWALL HOSPITAL

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<thead>
<tr>
<th>DEPT.</th>
<th>SPECIALIST NURSE</th>
<th>EMAIL</th>
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<td>TEENAGER &amp; YOUNG PEOPLE</td>
<td>Hannah Heayn</td>
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<td>07879 486675</td>
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CA Cornwall Macmillan Project
providing benefit and grant advice.

We offer free, impartial, confidential advice to people living with cancer, their carers and families. We can help with issues such as:

Benefit entitlement

A 'Better-off' calculation

Making a benefit claim

Benefit form filling: new claims and reviews

Contacting relevant departments with regards to your benefits eg change of circumstance

Challenge/Appeal a benefit decision

Claiming Personal Independence Payment via Special Rules for terminal illness

Grant applications

Please contact us on 01872 672090

In addition to our appointments and telephone advice service we offer a drop-in session on Monday 11am-1pm at the Headland, no appointment necessary but we may have limited service availability, please check before attending.
Age UK Cornwall and IOS and Macmillan Living Well
Co-ordinators for Penwith - Christine Martindale and Irene Crouch

irene.crouch@nhs.net  01736 571121
christine.martindale@nhs.net  01736 571121

Funded by Macmillan and managed by Age UK Cornwall and Isles of Scilly
We work within the voluntary sector and alongside the clinical sector to support people with cancer and their carers and family in a person-centred way. We support people to Live Well at each stage – from diagnosis onwards.

Our aims are to –
• Listen – we visit at home and have a conversation to identify any needs and look at how we can help
• Signpost – we refer to statutory services and escalate where necessary. We also provide information and support around well-being, local services and community groups and activities
• Assist – we help with finances and benefits, including applying for Macmillan patient grants. We work together with people to achieve personal goals and challenges
• Support – we offer support to both patient and carer, referring into relevant services and linking into local networks and support groups
# Hello my name is Hannah Heayn and I am the specialist nurse for Teenagers and Young Adults who have a diagnosis of cancer. I cover Cornwall from Treliske Hospital and I work 18.75hrs, Tuesdays, Wednesdays and every other Friday.

The aim of the Teenagers and Young Adults (TYA) service in Cornwall is to provide age appropriate cancer treatments and facilities for patients aged 16-24 years. We want to support you holistically in any way we can and want to engage with you and your support network so that you receive what you want and need from our service.

The team consists of me the Specialist Nurse, Richard Nobes CLIC Sargent Young Person’s Social Worker and DR Toby Talbot Clinical Lead for TYA we also work closely with the paediatric and adult Oncology and Haematology teams across the trust.

The needs of teenagers and young adults with cancer are met by Paediatrics and Adult Services; under 16’s by the Paediatric Team, 16-18 year olds can choose to be treated in either Paediatrics or Adult Services (guidance will be given by the professional team to make the decision) and over 18’s will be treated by Adult Services.

Area 61 is our Teenage and Young Adult unit at the University Hospitals Bristol NHS Foundation Trust. The Unit opened in 2014. This is a principle treatment center which provides specialist facilities for young people.

Patients who choose to be treated locally will have access to the same services and support as those attending the Principal Treatment Centre and their care needs and treatment plan will still be discussed with the Bristol as we have close links across the peninsula.
Teenagers and Young Adults with Cancer Service at RCHT Treliske

Hannah Heayn – Specialist Nurse Teenagers and Young Adults with Cancer
Tel: 07879486675
Email: hannahheayn@nhs.net
• Emotional and social support; through diagnosis, treatment and beyond.
• Support and information for patients, their friends and family
• An additional link with your keyworker / clinical nurse specialist / medical team
• Link to other professionals and support services i.e. Counselling or Psychology
• Wig referrals
• Access to age appropriate environments
• Support groups and social activities

Richard Nobes - CLIC Sargent Young Person's Social Worker
Tel: 07796 938460
Email: richard.nobes@clicsargent.org.uk
Richard provides:
• Emotional, financial and practical support to help young people continue with their everyday lives
• Help to apply for benefits or grants
• Information and signposting to other useful services
• Support groups and social activities
Guidance for Professionals

NICE Guidelines Suspected Cancer June 2015

The identification of people with possible cancer usually happens in primary care, because the large majority of people first present to a primary care clinician. Therefore, evidence from primary care should inform the identification process and was used as the basis for this guideline. Recommendations in the update are now organised by symptoms which should prompt a 2 week wait referral; further investigation in primary care; safety netting in primary care.

NICE GUIDELINES
https://www.nice.org.uk/guidance/ng12/chapter/1-recommendations-organised-by-site-of-cancer#

USEFUL CONTACTS
Bowel Screening Helpline: 0800 7076060
Mermaid Breast Screening: 01872 252880
Cervical Cytology Cytopathology:
Cathy Winn 01872 252574  cathy.winn@nhs.net
The Cove - opening Autumn 2016

More than 21,000 people in Cornwall and the Isles of Scilly are living with cancer.

The Cove Macmillan Support Centre will provide a dedicated facility for people affected by cancer, whether they’re the patient, are caring for someone or are simply worried about cancer.

Cancer affects every part of your life and people need financial, emotional and practical support, as well as medical treatment. The Cove Macmillan Support Centre will mean people have a place to come to when they need support, and will offer a wide range of services to make sure people with cancer have the best quality of life they can.

Telephone number:
01872 256363

email:
thecove@nhs.net
Advice line for Professionals

Cornwall Hospice Care
Mount Edgecumbe and St Julia’s Hospices
Tel: 01726 65711 (Mount Edgecumbe)
Tel: 01736 759070 (St Julia’s)
Email: cornwallhospicecare@cornwall.nhs.uk
Website: https://www.cornwallhospicecare.co.uk/

Our Palliative Care Advice Line is available to healthcare professionals 24 hours a day, 7 days a week. This provides access to specialist nursing and medical advice at any time on symptom control, syringe driver and drug use, appropriate place of care and management of palliative care emergencies. Please call: 01736 757707

Cornwall Hospice Care also operate a Palliative Care Email Hotline which is available to healthcare professionals requiring advice quickly but without the urgency of a direct telephone conversation. Immediate advice is available via the advice line phone number above. Email requests for advice will be responded to within 24 hours by the consultant on call that day.

The email hotline address is cornwall.spcadvice@nhs.net
All requests for admission should be made directly to the inpatient units at Mount Edgecumbe Hospice and St Julia’s Hospice.
Suzanne Adams Health Professional Engagement Facilitator CRUK
What is the Health Professional Engagement Facilitator programme? The programme is a partnership with the NHS to provide face-to-face tailored support to GP practices and health professionals to help improve cancer prevention, early diagnosis and cancer outcomes across the UK. Our aim is to improve cancer outcomes by engaging with and supporting health professionals at a local level.
07900738129 suzanne.Adams@cancer.org.uk
http://www.cancerresearchuk.org/

Need some help gardening or painting a room - then we have the answer! If the job can be done in one day Sam Hudspith can help.
Sam Hudspith Corporate Volunteering Officer Volunteer Cornwall, Acorn House, Heron Way, Newham, Truro, TR1 2XN
Tel: 01872 266991 / 07595 202410  www.twitter.com/volcornwall
www.volunteerlondon.org.uk

Sunrise Centre - The Sunrise Centre is the oncology (cancer) centre covering the whole of Cornwall. It is based at the Royal Cornwall Hospital in Truro and opened in 2002.
http://www.cornwallcancercare.co.uk/
Cancer and Palliative Care Dieticians
01872 258326 georgia.devicq@nhs.net
Cancer Support Groups
Cornwall Prostate Support Association
Where: Victoria Inn ThreeMilestone, Truro  TR3 6BY
When:  3rd monday of each month 7-8.30pm
Contact: Debbie Victor 01872 253143  9-4.30pm

Cornwall Gynae Cancer Support Group
Where: Victoria Inn ThreeMilestone  TR3 6BY
When:  6-8 pm For Dates
Contact: Emma Kent  01872 252037

Cornwall Bowel Cancer Support Group
Where: Probus Village Hall TR2 4NB
Contact: George Richards 01209 212742

Truro Breast Cancer Support Group
When:  Last Wednesday of Each Month
Where: The Mermaid Centre, Royal Cornwall Hospitals NHS Trust, Treliske, Truro. TR1 3LJ (Map)
Contact: Mary - 01872 553287 or Breast Care Nurses - 01872 52988/252691

St Michael's Breast Care Group ("The Foxy Ladies")
When:  Last Friday of Each Month
Where: St Cecilia's Lounge, St Michael's Hospital, Trelissick Road, Hayle. TR27 4JA (Map)
Contact: Anna - 01736 710678 or Breast Care Nurses - 01872 252988/252691 e-mail: stmichaelsbcg@live.co.uk
website: www.stmichaelsbcg.btck.co.uk
Cancer Support Groups

St Austell Breast Cancer Support Group
When: Last Tuesday of Each Month
Where: Day Room, Mount Edgecumbe Hospice, Porthpean Road, St Austell. PL26 6AB
Contact: Jan - 01726 72144 or Breast Care Nurses - 01872 252988/25269

Truro Young Women's Support Group
When: First Wednesday of Each Month
Where: The Mermaid Centre, Royal Cornwall Hospitals NHS Trust, Treliske, Truro. TR1 3LJ
Contact: Sarah Zee - 01872 252988/252691

Triangle Outreach drop in Cancer Support Centre
Liskeard Community Hospital linked to Mustard Tree Macmillan
information and support centre at Derriford Hospital Plymouth
Liskeard Community Hospital Clemo Rd, Liskeard, Plymouth, PL14 3XD Lucy Figg 01752 763672 Thursdays 10-4pm

Look Good Feel Better (supporting women with cancer)
http://www.lookgoodfeelbetter.co.uk
Jane Tummon Regional Coordinator Cornwall
07952418121 j.tummon@btinternet.com

Cornwall and the Isles of Scilly Cancer Patient and Carer Group
CIOSCPCG 07940408940 or 07940408947 cioscpcg@gmail.com

Browns (Wigs)  http://www.morehairnow.com
Local wig specialist 01326 572696 079170384681
Donna Brittain Headland Unit RCHT
Cancer Support Groups

Cornwall Myeloma Support Group
Where: The Knowledge Spa, RCHT.
When: The first Tuesday of the month, 6pm-8pm
Contact: Andy Wood 01208 269348
Email: andy_wood21@hotmail.com

Truro Lymphoma Support Group
Where: Meeting room Ground floor
Princess Alexander Maternity Wing, RCHT
When: 3rd Wednesday of the month 6pm-7.30pm
Contact Jill 01872 540259

Breast Cancer Care Living with Secondary Breast Cancer
Where: Truro
When: 11am first Thursday of every month
Contact: 0345 077 1893
Email: secondaryservices@breastcancercare.org.uk

Bowel Cancer Support Group
Where: Probus Village Hall
When: Alternate months on the second Saturday from 9am - 4pm
Contact: Facebook Support Group
www.beatingbowelcancer.org/cornwallsupportgroup

Marie Curie Cancer Care
0800 716146 www.mariecurie.org.uk
(provides free end of life care in patients their own home)
Cancer Support Groups

CLIC Sargent 0300 3300803
www.clicsargent.org.uk
Supporting children with cancer

Teenager Cancer Trust
0207 6120373
www.teenagecancertrust.org
Improving lives of teenagers and young adults with cancer

The College of Sexual & Relationship Therapists (COSRT)
0208 5432707
www.cosrt.ork.uk
List of qualified practitioners and clinics in the UK

Brain Tumour Support Charity - Julie Liddle
Where: Split between Truro and Liskeard (see website)
When: 2nd Tuesday of the month
Contact: 07711 597165
www.braintumoursupport.co.uk
Email: julie@braintumoursupport.co.uk

brochure updated 1.9.16